



As many as one in three women are affected by gynecologic and bladder conditions that impair their comfort and quality of life.

Conditions may range from the mild to the more severe, and include urinary or fecal incontinence and pelvic organ prolapse. Prolapse occurs when the uterus, bladder, rectum, or bowels drop down and create a bulge into the vaginal opening. Many women view these problems as part of the normal aging process that simply can't be cured. Fortunately, this is not the case.

The specialized physicians of **Rutgers Robert Wood Johnson Medical School's Division of Female Pelvic Medicine and Reconstructive Surgery** are dedicated to these important health care problems. We provide a thorough evaluation, including state-of-the-art onsite testing and minimally invasive treatment options to improve quality of life and get women back to normal daily activities.

RUTGERS HEALTH

Our practice is a proud part of **Rutgers Health**, the clinical arm of Rutgers, The State University of New Jersey.

Rutgers Health is the most comprehensive academic health care provider in New Jersey, offering a breadth of accessible clinical care throughout the state supported by the latest in medical research and education. Rutgers Health connects health care providers across disciplines, including doctors, nurses, dentists, physician assistants, pharmacists, social workers, and behavioral health and addiction professionals, with a single focus: helping people and populations get well and stay well by delivering consistent, coordinated, value-based health care.

Rutgers Health complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. Rutgers Health does not exclude people or treat them differently because of race, color, national origin, age, disability or sex. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-732-235-6600.

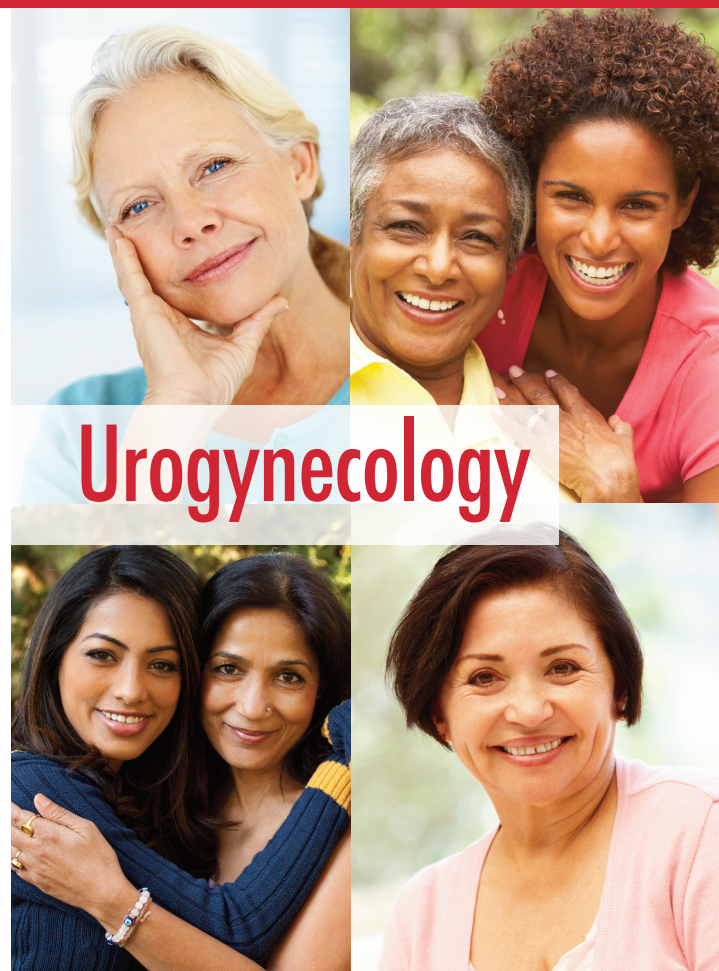
Two convenient locations!

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Urogynecology

RUTGERS HEALTH

Robert Wood Johnson University Hospital | **RWJ Barnabas HEALTH**

Division of Female Pelvic Medicine and Reconstructive Surgery

Our specialists provide a comprehensive pelvic floor program that addresses the full range of pelvic floor disorders. Pelvic conditions we treat include:

- Overactive bladder
- Stress incontinence
- Fecal incontinence and constipation
- Cystocele/Rectocele/Enterocele
- Uterine prolapse/Vaginal prolapse
- Painful bladder conditions
- Interstitial cystitis
- Genitourinary and rectovaginal fistula
- Urethral diverticulum
- Vaginal wall cysts
- Recurrent urinary tract infection
- Gender affirmation surgery for transmen

We perform diagnostic services at our Rutgers Health clinical sites for optimal treatment. As a large number of women are affected by more than one pelvic floor disorder, our team of physicians also works jointly with a colorectal surgeon from our medical group to perform thorough evaluations for women with bowel disorders.



Meet Our Physicians

The Division of Female Pelvic Medicine and Reconstructive Surgery is led by Division Chief Juana Hutchinson-Colas, MD, MBA. Dr. Hutchinson-Colas and Dr. Shirly Solouki specialize in the care of women with pelvic floor and benign gynecologic disorders. They are fellowship-trained urogynecologists who treat urinary and fecal incontinence and pelvic organ prolapse using robotic and vaginal surgery, in addition to non-surgical treatment.



Juana Hutchinson-Colas, MD, MBA

Division Chief and Associate Professor of Obstetrics, Gynecology and Reproductive Sciences



Shirly Solouki, MD

Assistant Professor of Obstetrics, Gynecology and Reproductive Sciences

Diagnostic Gynecologic Services

Urodynamic Testing

Urodynamic testing is designed to evaluate the function of the bladder during filling and emptying. This outpatient test is used for women with urinary symptoms and pelvic organ prolapse. Testing is done in a private, comfortable setting and is invaluable in diagnosing complex incontinence problems.

Cystoscopy

Cystoscopy is performed to inspect the bladder, urethra, and uterine function. It is performed under local anesthesia in the office setting for conditions including blood in the urine, refractory incontinence, and chronic urinary tract infections.

Endoanal Ultrasound and Anorectal Manometry

We provide these diagnostic tests for women with bowel complaints, including fecal incontinence, to provide comprehensive assessments prior to recommending optimal treatment.

Treatment Options

Non-Surgical

- Pessary fitting and device management
- Bladder instillations
- Percutaneous posterior tibial nerve stimulation

Surgical

- Robotic-assisted laparoscopic hysterectomy and reconstructive surgery
- Vaginal hysterectomy and reconstructive surgery
- Midurethral slings
- Urethral bulking
- Botox injection
- Sacral neuromodulation
- Fistula repair
- Anal sphincteroplasty
- Vaginal and vulvar cyst removal
- Urethral diverticulectomy
- Vaginectomy

Call 732-235-6600